Dear Friends, Donors and Community Members,

It is truly an honor to once again share highlights of the Remedies Annual Report with you. Your continued support over the years has allowed Remedies to fulfill its mission to meet the needs of adults and children dealing with problems arising from substance abuse or domestic violence.

A report from the Department of Justice identified domestic violence and the opioid epidemic as two of the main problems that law enforcement is faced with in Winnebago County. Since Remedies moved to its new location at 220 Easton Parkway in January of 2016, we have seen an increase in community support and donations. As a result, Remedies has been able to provide services to many more individuals and their children. This translates to helping more victims of domestic violence and their children with shelter and assistance and more individuals who are now in recovery and leading productive lives.

Remedies has recently received funding to operate seven transitional housing units. Qualified victims of domestic violence can reside in a transitional apartment for up to two years while receiving support for pursuing education and employment opportunities.

Because of involvement in numerous state and federal grant programs, Remedies has recently been chosen to be one of two sites in the nation that will be filmed for the “Mentor Court Project.” Filming is scheduled for the Fall of 2017. Remedies is also working with the Office of Violence Against Women to launch a Domestic Violence Prevention Program. Northern Illinois University and Yale University will be studying and reporting on this program.

Remedies continues to receive increased community awareness through media outlets. The Rockford Register Star recently wrote an editorial on Domestic Violence which featured Remedies. WIFR 23 News recently ran a news segment on the opioid epidemic. Remedies has been able to provide services to many more individuals and their children, and their dedication and perseverance have known how many lives would be saved because of their commitment to make a positive change in their community.

In January 2016, in order to meet the escalating demand for domestic violence and substance abuse related services in our community, Remedies relocated to a larger facility. Our new, updated and larger space allows staff to continue to provide addiction treatment services, shelter and advocacy for victims of domestic violence, and the opportunity to implement new programs and services. The additional space also allows for each family that enters the shelter to have their own room and bathroom which provides further privacy and dignity. Our new home is energy efficient, structurally sound and offers the ability to expand as needed.

The new facility is designed to accommodate an increase in the number of shelter beds from 40 to 62. There is also space dedicated to hosting community education forums, training sessions for clients and staff, as well as a secure outdoor play area for the children of shelter residents—all in close proximity to public transportation to facilitate access to schools, employment and recreational activities.

As an organization and a community, we are indebted to the founders of what is now Remedies. They could not possibly have known how many lives would be saved because of their commitment to make a positive change in their community.

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Our Playground
Accommodating the Surge in Child Shelter Residents

The staff at Remedies goes the extra mile to meet the educational needs of children in shelter. We first request permission to contact the child's local school district so that education can continue seamlessly. We advocate with the child's school district for transportation from the shelter to the school in which the child is enrolled. For infants and toddlers, we work with the Early Childhood Program to arrange screening for delays relative to exposure to trauma and to evaluate which services are best suited for each child. If it is unsafe for the child to attend school, arrangements will be made for home schooling within the shelter, including tutoring if necessary. Assistance with school supplies, lunches and uniforms is provided by Remedies.

The playground is an especially important part of our facility for the children coming into a communal living environment. Many times we have more children than adults in shelter and our playground provides a sense of normalcy and the opportunity for children to be children. It gives the children, staying in a crisis situation, the opportunity to relax and have fun. It also provides a sense of community for our residents as they gather to watch their children play and gives our children the opportunity to gain needed life skills as they navigate interacting with other children.

Remedies' shelter playground is a great place to be outside, have fun, and relax in a safe environment, providing a sense of normalcy to the adults and children residing in the shelter.

It’s important for children to have a place where they can have fun and feel happy and our playground provides that space.

2017 Fiscal Year Financials
July 1, 2016 – June 30, 2017

We are the only domestic violence shelter and advocacy agency in Winnebago and Boone counties. Each year Remedies serves over 1,200 victims of domestic violence, many of whom are children. Remedies substance abuse programs serve an additional 1,500 adults each year. We provide a safe, supportive environment and critical, client-centered services designed to promote the healing of individuals and families.

Revenue

- Contributions 7.8%
- Government Agencies 34.8%
- Service Fees and Contracts 52.6%
- United Way 1.2%
- Other 3.6%

Expenses

- Contracts and Fees 5.2%
- Depreciation 9.9%
- Staffing 72.8%
- Supplies 4.9%
- Occupancy 3.1%
- Other 4.1%

Remedies provides critical and often times lifesaving services to adults struggling with substance abuse and to victims of domestic violence and their children, and works to end the cycle of abuse and addiction through education and community involvement.
REMEDIES’ 2017 DONORS
We would like to thank each of our donors for your generosity and financial support, for making possible our efforts to shelter, support and help Remedies’ clients realize a better tomorrow.

Absolute Fire Protection, Inc.
Alberty, Kathleen
Allen, Doug
Alliance for Community Health, Inc.
Alliance for Strong Families & Communities
Alpha Delta Kappa - XI Chapter
Amazonomite Foundation
Anonymous
Apraxia-Sensory Systems, Inc.
Armstrong, Tracy
Augenson, Wayne & Carolyn
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Bader Truck Sales
Becker, Thomas & Jill
Beklen, James & Alice
The Ben Harding Family Foundation
Benchmark Flooring
Benjamin, Candace
Benson, Kay
Bischoff Dental
Blauer Foundation of Rockford
Blaue, Beatrice
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Christensen, Cory
Christensen, Mark
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Kudowski, Annemette
Kuhorn, Jimmi

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Lamb Financial Group
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Nelson, Lynn
Nollhoff, Richard D.
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O’Keefe, Erin & Jacob
Obadia, Brenda
Office of the Attorney General - Public Aid Division
Ogden, Kevin & Mary
Ogilby, Sean
Ongren, Diane
Olson, Baradley & Delta
OSF St. Anthony Medical Center
Our Savior’s Lutheran Church
Papich, Anita
Parsons, Gregory & Pamela
Patterson, Laura
PCB Plumbing Services
Per Mar Security Services
Periodontics of Rockford
Phasus-Lewis, Charis
Pine Tree Pasted Club
Piper, Cheryl
Pratt, Kristen
Producer's Community Club
Producers Chemical Co.
Ralph J. Baasen Foundation
Ramsay, Jean & Wallace
Randles, Gary R.
Riechers, Laurie
Riveriside Women’s Guild
RJM Endowment Fund
Rock River Valley Electrical Association
Rock Valley Master Chorale
Rockford Architects
Rockford Cosmopolitan Club Charities
Rockford ISD Shop
Rockford Live & Let Live Society
Rockford Toolcraft
Rose, Chester & Katherine
Rose, William
Rudie, Bruce & Dawn
Savant Capital Management
Schlensig, Peter
Schlem, Janice
Schwacks
Schooler, Catherine
Schneider, Justin & Theresia
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Servants of the Holy Heart of Mary
Shahbazaar Transportation Inc.
Sieben, Terry & Joyce
Sikich
Siler, Julianna
Spectrum Insurance Agency, Inc.
Speich, Judy
Spoden, Mike & Connie
St. John’s United Church of Christ
Stadler, Paul
Stemmons
Sterling Collision Centers, Inc.
Stern, Pamela
Stiefel
Stoddard, Todd & Kathleen
Stohr, Nadine
Sunbli, Karl & Jacqueline
Sunbli, JoAnn
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Thomas, Kimberly
Thompson, Jon
Tilly, Karen S.
Tinkle, Bev
TJX Foundation
Towsend, Lynn
Trico University
Trust
Two Men and a Truck
UAW Local 592
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United Methodist Women
Verizon
Verga, Kathy & Robert
Vira Financial
W-FELCA German Lutheran Church
Walquist, Marianne
Wal-Mart Foundation
Walser, Robert & Judith
Welch, John
Westminster Women’s Association
Whitecock, Jonathan & Nancy
WFS-TV Channel 23
Wilkerston, Gary & Margaret
Williams, Mike & Cornita
Wills, Randy
Window World of Rockford
Wines for Humanity
Wolff, Martin
Women’s Association of Third Presbyterian Church
workplace staff search
Zona Club of Belvidere
Zuazunar, Karen

The above list recognizes contributions received during Remedies’ 2017 fiscal year, July 1, 2016 through June 30, 2017. Every effort is made to ensure the accuracy of this list; however, in the event of an error or omission, please contact Remedies at 815.966.1285.
Every day in our community, lives are lost to overdose. Remedies has provided medication-assisted treatment for heroin and opioid addiction in the Rockford area for over 60 years.

**Substance Abuse**

1,736 Intake Assessments

- **AGE**
  - <18: 3%
  - 18-21: 23%
  - 22-29: 31%
  - 30-39: 21%
  - 40-49: 16%
  - 50-59: 6%
  - 60-69: <1%
  - 70+: <1%

- **GENDER**
  - Male: 63%
  - Female: 37%
  - Total Clients: 1,140 (717 Male, 423 Female)

- **SERVICES OFFERED**
  - Individual, Couple, Family or Group Counseling
  - Medical and Psychological Services
  - Prevention Education and Training
  - Alcoholics and Narcotics Anonymous
  - Relapse Prevention Counseling
  - Medication-Assisted Treatment
  - Referrals to Other Beneficial Resources

For those battling substance abuse issues, Remedies provides individualized, group, and relapse prevention counseling options. With convenient day and evening programs, we have education and prevention groups as well as self-help groups available. Our aftercare program assists those in recovery to prevent relapse.

**Domestic Violence**

14,933 Nights of Shelter

- **24-HOUR HOTLINE CALLS**
  - 3,000+ Calls Received

- **SHELTER NIGHTS**
  - 8,256 Shelter Nights Provided to Adults
  - 6,677 Shelter Nights Provided to Children
  - Total in Shelter: 14,933 Nights

- **SHELTER POPULATION**
  - Adult Residents: 53%
  - Child Residents: 47%
  - Total Shelter Residents: 551 (293 Adults, 258 Children)

- **WALK-IN CLIENTS (NON-RESIDENTIAL)**
  - Adult Walk-in Clients: 89%
  - Child Walk-in Clients: 11%
  - Total Walk-in Clients: 817 (724 Adults, 93 Children)

- **ORDERS OF PROTECTION**
  - 601 Emergency Orders of Protection Filed

Our domestic violence program provides 24-hour emergency shelter to victims of domestic violence and their dependent children. In addition, Remedies provides a 24-hour crisis hotline, medical and legal advocacy, individual and group counseling, economic, educational and employment advocacy, life and parenting skills, coaching, children’s counseling, and screening and advocacy for an array of children’s needs, including physical, emotional and developmental issues.

In March of 2017, Remedies received funding for its transitional housing program through a grant from the Office for Victims of Crime (OVC). Remedies’ transitional housing program is designed to serve the needs of victims of domestic violence and human trafficking and their dependent children by providing access to a safe living environment in one of seven secure apartment units. Residents work closely with a Transitional Housing Advocate to obtain access to the support and community resources necessary to achieving the long-term goal of self-sufficiency. Through the Transitional Housing Advocate, Remedies connects clients with legal and institutional advocacy; employment, education, housing and economic assistance; as well as weekly support groups and individual counseling - creating a path to safety for victims of domestic violence and their dependent children.

The staff at Remedies is committed to protecting the privacy of our clients, and we strictly adhere to all applicable federal and state laws that protect such confidentiality.
Make a difference in someone’s life by helping us provide the resources to families, victims and persons struggling with addiction and adults and children fleeing from violence. Every generous donation keeps our shelter open, another person from relapsing and helps provide victims an opportunity for a new life free from violence.

Remedies is a 501(c)(3) nonprofit agency dedicated to serving the needs of domestic violence victims and their children. Our goal is to support survivors as they regain inner strength, rebuild self-esteem, and work towards achieving life-building goals – Safety, Support, Advocacy, Strength, Self-sufficiency and Services. A victim of domestic violence can stay at the shelter for anywhere from 24 hours to sixty days, and all Remedies’ domestic violence services are free.

THANK YOU FOR SUPPORTING REMEDIES
A Donation Goes A Long Way

$500 Provides 8 nights of shelter for a family fleeing domestic violence.

$250 Provides 8 weeks of group counseling for pregnant and parenting moms in the addiction treatment program.

$100 Provides a domestic violence survivor the ability to have locks changed so they may remain in their home.

About Us
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We will provide over 14,000 nights of shelter to victims of domestic violence in the next 12 months, and complete over 600 assessments to help individuals struggling with addiction.
Belvidere
Outpatient Substance Abuse and Domestic Violence Services
1908 Pierce Court
Belvidere, IL 61008
Substance Abuse Phone: 815.547.4502
Substance Abuse Fax: 815.544.0391
Domestic Violence Phone: 815.544.1866
Domestic Violence Fax: 815.544.0391

Rockford
Domestic Violence Shelter and Treatment Center
220 Easton Parkway
Rockford, IL 61108
Substance Abuse Phone: 815.962.0871
Substance Abuse Fax: 815.962.7895
Domestic Violence Phone: 815.962.6102
Domestic Violence Fax: 815.490.1050

Administrative Offices
220 Easton Parkway
Rockford, IL 61108
Phone: 815.966.1285
Fax: 815.962.7895
remediesrenewinglives.org