Dear Friends, Donors and Community Members,

It is an honor to share the Remedies Annual Report with you. Your support over the previous year, and the many years before, allowed Remedies to experience a year of growth, which included moving to our new home located at 220 Easton Parkway.

Because of your generosity, adults, children and families in need have increased access to community resources, a new domestic violence shelter with increased bed capacity, and the opportunity to begin their recovery.

We understand our ability to help victims of domestic violence and provide treatment programs for individuals struggling with addiction is made possible by our community partnerships. Working together with local law enforcement offices, the Rockford School District, Crusader Community Health, all three hospitals, the Domestic Violence Court and the many other organizations we partner with is key to changing and saving lives.

Because of your involvement and commitment to our mission, over 11,500 nights of shelter were provided to families fleeing domestic violence, 18 pregnant and parenting women sought help for an addiction and received care and counseling, and 55 families secured safe and affordable housing.

As we plan for the future, we will devote additional resources to developing and sharing prevention education programs with children, teens and young adults. It is critical that as we continue to provide intervention and treatment, we build strong families and work to break the cycles of addiction and violence.

This report highlights Remedies’ accomplishments during fiscal year 2016, reminding us there is still much work to be done. And more importantly, it reminds us we are stronger working together. Thank you again for believing in and helping us help individuals and families in need.

Gary Halbach
President/CEO, Remedies Renewing Lives

Our History & Accomplishments

Remedies’ origins date back to 1955 when a compassionate, concerned group of citizens came together to address the unmet needs of individuals struggling with alcohol addiction. Thanks to their dedication and perseverance, this informal organization thrived and incorporated in 1959 as the Blackhawk Committee on Alcoholism.

During the 1960s, the organization recognized a need in the community for substance abuse treatment services, and in 1969 changed its name to the Northern Illinois Council on Alcoholism and Drug Dependency (NICAD) to better reflect the scope of services offered.

In 1979, again in response to a need in the community, NICAD welcomed Working Against Violent Environments (WA VE) under its corporate umbrella, which brought aboard services for victims of domestic violence and resulted in a second name change to Personal Health/Abuse Services and Education (PHASE); the organization became known locally as PHASE/WAVE.

In 2009 the organization took on our new name Remedies and embarked on yet another chapter in its service to the community, continuing to provide individuals, children and families critical support to help them deal with issues resulting from substance abuse and domestic violence.

As an organization and a community, we are indebted to the founders of what is now Remedies. They could not possibly have known how many lives would be saved because of their commitment to make a positive change in their community.

In January 2016, in order to meet the escalating demand for domestic violence and substance abuse related services in our community, Remedies relocated to a larger facility. Our new, updated and larger space allows staff to continue to provide addiction treatment services, shelter and advocacy for victims of domestic violence, and the opportunity to implement new programs and services.

Our new home is energy efficient, structurally sound and offers the ability to expand as needed.

The new facility is designed to accommodate an increase in the number of shelter beds from 40 to 62. There is also space dedicated to hosting community education forums, training sessions for clients and staff, as well as a secure outdoor play area for the children of shelter residents – all in close proximity to public transportation to facilitate access to schools, employment and recreational activities.
Thank you to our community and community members for stepping up and stepping forward to help Remedies build our new home. We are proud to state through pragmatic leadership, prudent spending practices, and by following the strategic fiscal plan put in place by the Remedies board, $3.5 million was set aside to cover a portion of the costs associated with our new building. These funds were set aside over a period of several years, during which time the integrity of the agency and the service and treatment goals set for our clients were consistently met, and often times exceeded.

With a solid financial foundation to build upon, generous donations from local foundations and individuals, and the gift of land by The Sunil Puri Family, our new home became a reality in January 2016.

Children who stay in our shelter now have the opportunity to play on a safe and secure playground. The addition of this beautiful space is possible because of a generous gift to our capital campaign.
We are the only domestic violence shelter and advocacy agency in Winnebago and Boone counties. Each year Remedies serves over 1,500 victims of domestic violence, many of whom are children. Remedies substance abuse programs serve an additional 1,500 adults each year. We provide a safe, supportive environment and critical, client-centered services designed to promote the healing of individuals and families.

**2016 Fiscal Year Financials**

July 1, 2015 – June 30, 2016

We would like to thank each of our donors for your generosity and financial support, for making possible our efforts to shelter, support, and help Remedies’ clients realize a better tomorrow.

**Remedies’ 2016 Donors**

We would like to thank each of our donors for your generosity and financial support, for making possible our efforts to shelter, support, and help Remedies’ clients realize a better tomorrow.

**Expenses**

- $2.6 Million

**Revenue**

- $3.6 Million

**Occupancy**

- 6.1%

**Depreciation**

- 9.5%

**Supplies**

- 5%

**Contractual**

- 5.2%

**Government Agencies**

- 37%

**Other**

- 4.9%

**Contributions**

- 13%

**United Way**

- 2%

**Service Fees**

- 46%

**Other**

- 2%
**Domestic Violence by the Numbers**

- **Top 5 Referral Sources**
  - Self-Referral
  - Law Enforcement
  - Friend
  - Hospital
  - Relative

- **Shelter Nights**
  - 6,577 Shelter Nights Provided to Adults
  - 4,203 Shelter Nights Provided to Children
  - Grand Total: 10,780 Nights

- **Walk-in Clients**
  - 824 Adults
  - 71 Children

- **Orders of Protection**
  - 342 Emergency Orders of Protection Filed
  - 498 Total Orders of Protection Filed

- **24-Hour Hotline Calls**
  - 2,786 Calls Received

---

**Substance Abuse by the Numbers**

- **Age**
  - <18: <1%
  - 18-21: 4%
  - 22-29: 24%
  - 30-39: 30%
  - 40-49: 21%
  - 50-59: 15%
  - 60-69: 5%
  - 70+: <1%

- **Gender**
  - Male Clients: 913 (66%)
  - Female Clients: 480 (34%)
  - Total Clients: 1,393

- **Ethnicity**
  - Caucasian: 58%
  - African American: 37%
  - Hispanic: 4%
  - Asian: <1%
  - Native American: <1%
  - Other: <1%

---

Every day in our community, lives are lost to overdose. Remedies has provided medication-assisted treatment for heroin and opioid addiction in the Rockford area for over 50 years.
Make a difference in someone’s life by helping us provide the resources to families, victims and persons struggling with addiction and adults and children fleeing from violence. Every generous donation keeps our shelter open, another person from relapsing and helps provide victims an opportunity for a new life free from violence.

Thank You For Supporting Remedies

A Donation Goes A Long Way

$500 Provides 8 nights of shelter for a family fleeing domestic violence.

$25 Provides a new school uniform for a child living in the domestic violence shelter.

$250 Provides 8 weeks of group counseling for pregnant and parenting moms in the addiction treatment program.

$10 Helps an individual entering our treatment program or living in shelter obtain a copy of their birth certificate.

$100 Provides a new school uniform for a child living in the domestic violence shelter.

Make a difference in someone’s life by helping us provide the resources to families, victims and persons struggling with addiction and adults and children fleeing from violence. Every generous donation keeps our shelter open, another person from relapsing and helps provide victims an opportunity for a new life free from violence.

Gifts of Cash
Gifts may be cash, checks or electronic transfer of funds. As a donor you are entitled to a federal income tax deduction if you itemize.

Gifts of Stock
A gift of appreciated securities, including stocks, bonds and mutual funds, is deductible for income tax purposes and also may eliminate the capital gains tax that is owed. All marketable securities will be sold upon receipt unless otherwise directed by Remedies’ President/CEO.

Legacy Gifts
Donors are encouraged to make bequests to Remedies under their wills, and to name Remedies as the beneficiary under trusts, life insurance policies, commercial annuities and retirement plans.

Please contact Jane Armitage at Remedies at 815.966.1285 x238 for more information about giving, in-kind donations or naming opportunities.

We will provide over 11,500 nights of shelter to victims of domestic violence in the next 12 months, and complete over 600 assessments to help individuals struggling with addiction.
Administrative Offices
220 Easton Parkway
Rockford, IL 61108
Phone: 815.966.1285
Fax: 815.962.7895
remediesrenewinglives.org

Rockford
Domestic Violence Shelter and Treatment Center
220 Easton Parkway
Rockford, IL 61108
Substance Abuse Phone: 815.962.0871
Substance Abuse Fax: 815.962.7895
Domestic Violence Phone: 815.962.6102
Domestic Violence Fax: 815.490.1050

Belvidere
Treatment Center
2028 North State Street
Belvidere, IL 61008
Substance Abuse Phone: 815.547.4502
Substance Abuse Fax: 815.544.0391

A special thanks to Digital Hive Mind for making this project possible through their generous donation of creative services.
www.digitalhivemind.com